

Robib *Telemedicine* Clinic

Preah Vihear Province

M A Y 2 0 1 2

Report and photos compiled by Rithy Chau and Peng Sovann, SHCH Telemedicine

On Monday, April 30, 2012, SHCH staff PA Rithy, Driver and Nurse Peng Sovann traveled to Preah Vihear for the monthly Robib Telemedicine (TM) Clinic.

The following two days, Tuesday and Wednesday (mornings), May 1 & 2, 2012, the Robib TM Clinic opened to receive the patients for evaluations. There were 4 new cases and 1 follow up case seen during this month, and the patients were examined and their data were transcribed along with digital pictures of the patients, then transmitted and received replies from their TM partners in Boston and Phnom Penh on Wednesday and Thursday, May 2 & 3, 2012.

On Thursday, replies from SHCH in Phnom Penh and Partners Telemedicine in Boston were downloaded. Per advice from Boston, and SHCH, and PA Rithy on site, Nurse Sovann managed and treated the patients accordingly. There were also patients who came for refills of medications. Finally, the data of the patient concerning final diagnosis and treatment/management would then be transcribed and transmitted to Nurse Sovann Peng at SHCH who compiled and sent for website publishing.

The followings detail e-mails and replies to the medical inquiries communicated between Robib TM Clinic and their TM partners in Phnom Penh and Boston:

From: [Robibtelemed](#)
To: [Kathy Fiamma](#) ; [Paul Heinzelmann](#) ; [Joseph Kvedar](#) ; [Rithy Chau](#) ; [Kruy Lim](#) ; [Cornelia Haener](#)
Cc: [Bernie Krisher](#) ; [Thero So Nourn](#) ; [Laurie & Ed Bachrach](#) ; [Savooun Chhun](#) ; [Robib School 1](#)
Sent: Monday, April 23, 2012 7:04 AM
Subject: Schedule for Robib Telemedicine Clinic May 2012

Dear all,

I would like to inform you that Robib TM Clinic for May 2012 will be starting on April 30 to May 4, 2012.

The agenda for the trip is as following:

1. On Monday April 30, 2012, we will be starting the trip from Phnom Penh to Rovieng, Preah Vihear province.
2. On Tuesday May 1, 2012, the clinic opens to see the patients for the whole morning then the patients' information will be typed up into computer as the word file then sent to both partners in Boston and Phnom Penh.
3. On Wednesday May 2, 2012, the activity is the same as on Tuesday
4. On Thursday May 3, 2012, download all the answers replied from both partners then treatment plan will be made accordingly and prepare the medicine for the patients in the afternoon.
5. On Friday May 4, 2012, Draw blood from patients for lab test at SHCH then come back to Phnom Penh.

Thank you very much for your cooperation and support in the project.

Best regards,
Sovann

From: [Robibtelemed](#)
To: [Kathy Fiamma](#) ; [Joseph Kvedar](#) ; [Paul Heinzelmann](#) ; [Rithy Chau](#) ; [Kruy Lim](#)
Cc: [Bernie Krisher](#) ; [Thero So Nourn](#) ; [Laurie & Ed Bachrach](#)
Sent: Tuesday, May 01, 2012 7:13 PM
Subject: Robib Telemedicine Clinic May 2012, Case#1, Hear Khorn, 51F

Dear all,

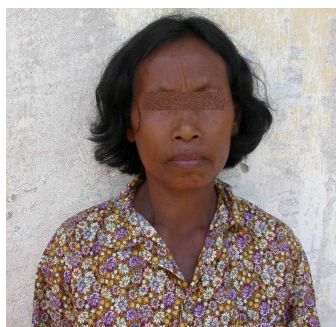
There are one new case and one follow case for the first day of Robib Telemedicine clinic May 2012. This is case number 1, Hear Khorn, 51F and photos.

Best regards,
Sovann

Robib Telemedicine Clinic

Sihanouk Hospital Center of HOPE and Partners Telemedicine
Rovieng Commune, Preah Vihear Province, Cambodia

History and Physical



Name/Age/Sex/Village: Hear Khorn, 51F (Bos Village)

Chief Complaint (CC): Skin rash x 4 years

History of Present Illness (HPI): 51F, farmer, presented with 4 years history of urticaria on the body with itchy, she scratched then it became lesion with transudate but no pus, no vesicle. She got treatment with cream for skin lesion (unknown name) from local pharmacy then rash got better but reappeared in few months after treatment. In these several weeks, she developed the scaly lesion on the fingers and she scratched, the lesion became pustule with crust. She come to Telemedicine on February 2012 and treated with Fluticasone lotion apply bid and the lesion got better but not completely healed. She denied of contact with chemical.

Past Medical History (PMH): Unremarkable

Family History: No family member with skin problem, HTN, or DM

SH: No cig smoking, no tobacco chewing, no EtOH

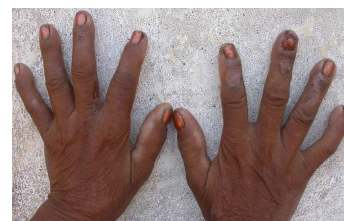
Current Medications: Fluticasone lotion 1% apply bid

Allergies: NKDA

Review of Systems (ROS): No fever, no SOB, no joint pain, no GI problem, 10y post menopause

PE:

Vitals: BP: 118/80 P: 85 R: 20 T: 37°C Wt: 39Kg



General: Stable

HEENT: No oropharyngeal lesion, pink conjunctiva, no icterus, no neck mass, no lymph node palpable, no JVD

Chest: CTA bilaterally, no rales, no rhonchi; H RRR, no murmur

Abd: Soft, no tender, no distension, (+) BS, no HSM, no surgical scar, no abdominal bruit

Skin: Papular lesion, no vesicle no pustule on the abdomen and thigh; scaly lesion on the finger with central clearing, onychomycosis of fingers (see photos)

MS/Neuro: MS +5/5, motor and sensory intact, DTRs +2/4, normal gait

Lab/study: None

Assessment:

1. Tinea capitis?
2. Onychomycosis?
3. Contact dermatitis??

Plan:

1. Clotrimazole cream 1% apply bid on the lesion until gone
2. Cetirizine 10mg 1t po qhs prn itchy

Labs available locally: Hemoglobin, UA, Glucose, Stool Occult Blood, and Pregnancy Test

Specific Comments/Questions for Consultants: Do you agree with my assessment and plan?

Examined by: Nurse Sovann Peng

Date: May 1, 2012

Please send all replies to robibtelemed@gmail.com and cc: to rithychau@sihosp.org

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No answer replied

From: Robibtelemed

To: [Radiology Boston](#) ; [Rithy Chau](#) ; [Kruy Lim](#) ; [Kathy Fiamma](#) ; [Joseph Kvedar](#) ; [Paul Heinzelmann](#)

Cc: [Bernie Krisher](#) ; [Thero So Nourn](#) ; [Laurie & Ed Bachrach](#)

Sent: Tuesday, May 01, 2012 7:21 PM

Subject: Robib Telemedicine Clinic May 2012, Case#2, Ke Bon, 71M

Dear all,

This is follow up case number 2, Ke Bon, 71M and photo. Please wait for other case which will be sent to you tomorrow.

Thank you very much for your cooperation and support in this project.

Best regards,
Sovann

Robib Telemedicine Clinic

Sihanouk Hospital Center of HOPE and Partners Telemedicine

Rovieng Commune, Preah Vihear Province, Cambodia

SOAP Note



Name/Age/Sex/Village: Ke Bon, 71M (Thnout Malou Village)

Subjective: 71M was seen in April 2012 and diagnosed with Eczema/Dermatitis? and valvulo-heart disease? and treated with Fluocinonide cream and sent to Kg Thom referral hospital for CXR and come for follow up on May. Now he presents with symptoms of white productive cough, night sweating, and low grade fever. He denied of SOB, Chest tightness, orthopnea, palpitation since the past until now. The skin lesion has gone.

Current Medication:

1. Fluocinonide cream 1% apply bid
2. Cetirizine 10mg 1t po qhs

Allergy: NKDA

Objective:

VS: BP: 117/82 P: 80 R: 20 T: 36.5°C Wt: 43kg

PE (focused):

General: Look stable

HEENT: No oropharyngeal lesion, pink conjunctiva, no icterus, no neck mass, no lymph node palpable, no JVD

Chest: Bilaterally rhonchi, no crackle; H RRR, 2+ crescendo systolic murmur, loudest at aortic area

Abd: Soft, no tender, no distension, (+) BS, no HSM, no surgical scar, no abdominal bruit

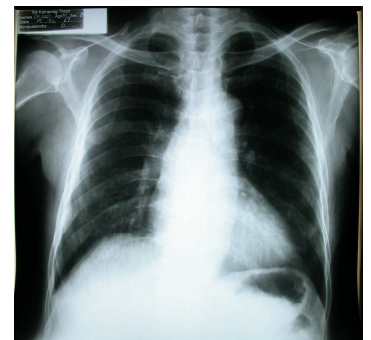
Extremity: No legs edema, (+) dorsalis pedis and posterior tibial pulse

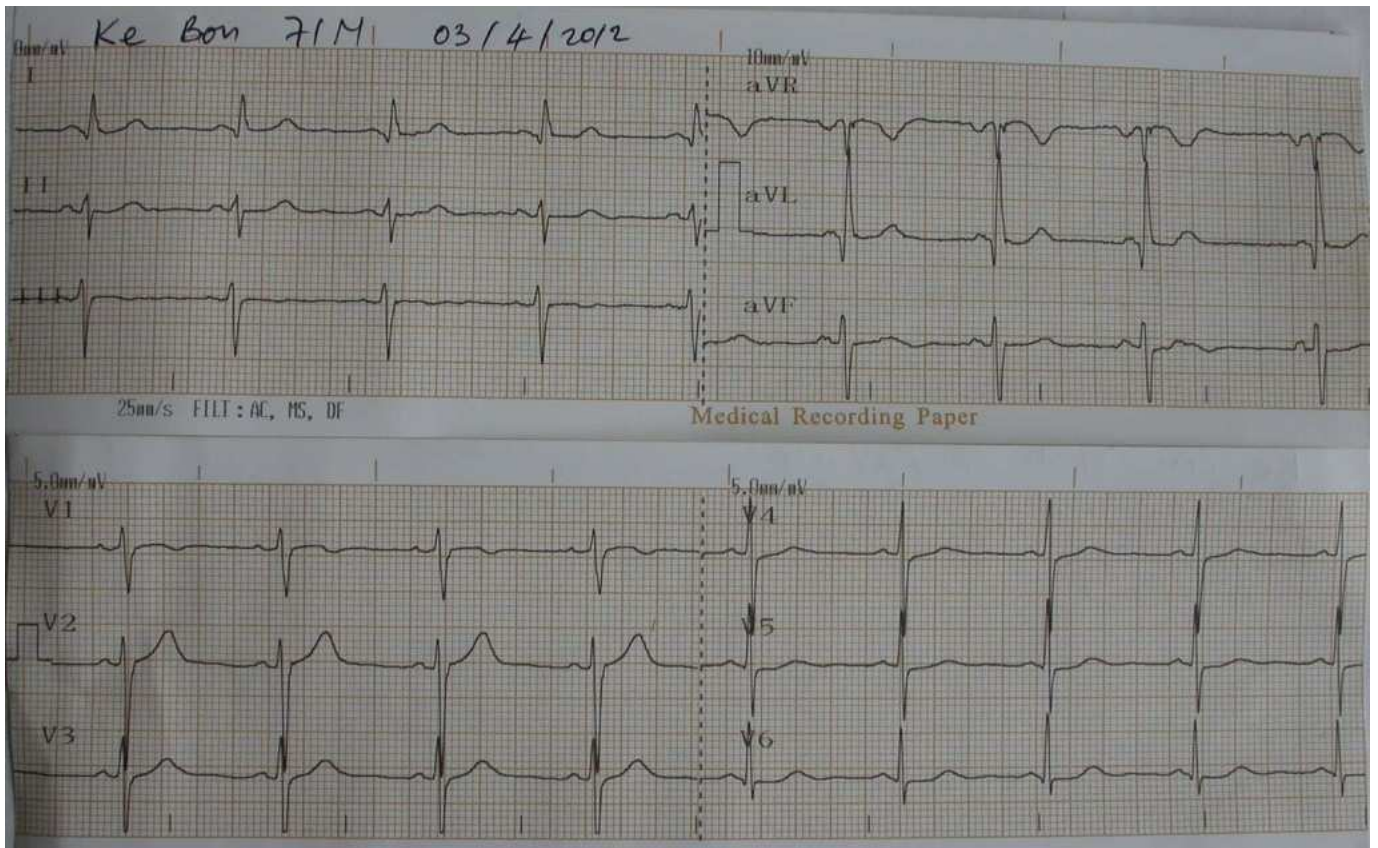
MS/Neuro: MS +5/5, motor and sensory intact, DTRs +2/4, normal gait

Labs/Studies:

CXR: show widening of aorta (April 19, 2012)

EKG done in April 2012 attached





Assessment:

1. Aortic aneurysm?
2. Valvulo-heart disease

Plan:

1. Refer patient to heart center in Phnom Penh for further evaluation

Labs available locally: Hemoglobin, UA, Glucose, Stool Occult Blood, and Pregnancy Test

Specific Comments/Questions for Consultants: Do you agree with my assessment and plan?

Examined by: Nurse Sovann Peng

Date: May 1, 2012

Please send all replies to robibtelemed@gmail.com and cc: to rithychau@sihosp.org

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From: [Robibtelemed](#)

To: [Robibtelemed](#) ; [Radiology Boston](#) ; [Rithy Chau](#) ; [Kruy Lim](#) ; [Kathy Fiamma](#) ; [Joseph Kvedar](#) ; [Paul Heinzelmann](#)

Cc: [Bernie Krisher](#) ; [Thero So Nourn](#) ; [Laurie & Ed Bachrach](#)

Sent: Tuesday, May 01, 2012 9:02 PM

Subject: Re: Robib Telemedicine Clinic May 2012, Case#2, Ke Bon, 71M

Dear all,

This is the EKG of patient Ke Bon, 71M, done in April 2012.

Best regards,
Sovann

No answer replied

From: [Robibtelemed](#)

To: [Cornelia Haener](#) ; [Rithy Chau](#) ; [Kruy Lim](#) ; [Kathy Fiamma](#) ; [Paul Heinzelmann](#) ; [Joseph Kvedar](#)

Cc: [Bernie Krisher](#) ; [Thero So Nourn](#) ; [Laurie & Ed Bachrach](#)

Sent: Wednesday, May 02, 2012 4:50 PM

Subject: Robib TM Clinic May 2012, Case#3, Hong Saramony, 42F

Dear all,

There are three new cases for second day of Robib TM clinic May 2012. This is the case number 3, Hong Saramony, 42F and photos.

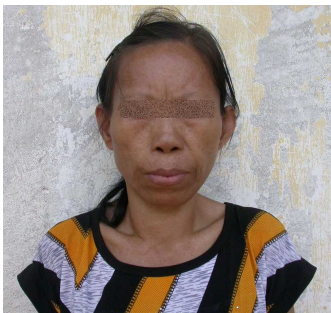
Best regards,
Sovann

Robib Telemedicine Clinic

Sihanouk Hospital Center of HOPE and Partners Telemedicine

Rovieng Commune, Preah Vihear Province, Cambodia

History and Physical



Name/Age/Sex/Village: Hong Saramony, 42F (Taing Treuk Village)

Chief Complaint (CC): Neck mass x 3 years

History of Present Illness (HPI): 42F, housewife, presented with diffuse neck mass after giving delivery of her third baby and symptoms of palpitation, tremor, good appetite but weight loss about 5kg and bulging of eyeballs. She denied of heat intolerance, insomnia, hair fall. She has never had medical consultation and come to Telemedicine today.

Past Medical History (PMH): Unremarkable

Family History: Mother with goiter

SH: No cig smoking, no tobacco chewing, no EtOH

Current Medications: None

Allergies: NKDA

Review of Systems (ROS): 1y post menopause

PE:

Vitals: BP: 104/67 P: 85 R: 20 T: 37°C
Wt: 43Kg

General: Stable

HEENT: Thyroid enlargement about 4 x 4cm, diffuse, soft, regular border, no tender, no bruit, mobile on swallowing, No oropharyngeal lesion, pink conjunctiva, no icterus, no lymph node palpable, no JVD

Chest: CTA bilaterally, no rales, no rhonchi; H RRR, no murmur

Abd: Soft, no tender, no distension, (+) BS, no HSM, no surgical scar, no abdominal bruit

Extremity/Skin: no legs edema, no rash, no lesion

MS/Neuro: MS +5/5, motor and sensory intact, DTRs +2/4, normal gait

Lab/study: None

Assessment:

1. Diffuse goiter

Plan:

1. Draw blood for CBC, TSH and Free T4, Free T3 at SHCH
2. Send patient to Kg Thom referral hospital for Neck mass ultrasound

Labs available locally: Hemoglobin, UA, Glucose, Stool Occult Blood, and Pregnancy Test

Specific Comments/Questions for Consultants: Do you agree with my assessment and plan?

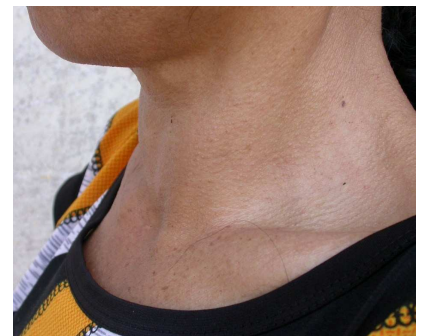
Examined by: Nurse Sovann Peng

Date: May 2, 2012

Please send all replies to robibtelemed@gmail.com and cc: to rithychau@sihosp.org

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No answer replied



From: [Robibtelemed](#)

To: [Kathy Fiamma](#) ; [Paul Heinzelmann](#) ; [Joseph Kvedar](#) ; [Rithy Chau](#) ; [Kruy Lim](#)

Cc: [Bernie Krisher](#) ; [Thero So Nourn](#) ; [Laurie & Ed Bachrach](#)

Sent: Wednesday, May 02, 2012 4:51 PM

Subject: Robib TM Clinic May 2012, Kun Bo, 55M

Dear all,

This is the case number 4, Kun Bo, 55M and photos.

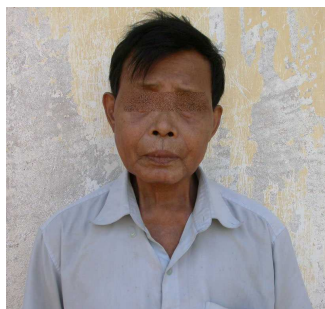
Best regards,
Sovann

Robib Telemedicine Clinic

Sihanouk Hospital Center of HOPE and Partners Telemedicine

Rovieng Commune, Preah Vihear Province, Cambodia

History and Physical



Name/Age/Sex/Village: Kun Bo, 55M (Thnal Keng Village)

Chief Complaint (CC): Joint pain x 3 years

History of Present Illness (HPI): 55M, farmer, presented with 3 years history of bilateral ankle joint pain with swelling, warmth, stiffness. The symptoms then progressively presented to other joints as big toes, lower back, elbow and MCP. He never got consultation but only got treatment from local pharmacist with Rhumadol

(Dexamethasone 0.5mg, Vit B1 50mg, Vit B6 25mg, Vit B12 100mg, Magnesium trisilicate 200mg), which help relieve the symptoms. About 1 year later, he developed Elbow nodule, subcutaneous nodules and deformity of hands.



Past Medical History (PMH): Unremarkable

Family History: Brother with DMII

SH: Tobacco smoking; drinking alcohol 1/4L/d, stopped 1y

Current Medications:

Rhumadol (Dexamethasone 0.5mg, Vit B1 50mg, Vit B6 25mg, Vit B12 100mg, Magnesium trisilicate 200mg) 1t qd

Allergies: NKDA

Review of Systems (ROS): Epigastric burning pain, bloating, no burping, no hematemesis, no black stool, no oliguria, no dysuria

PE:

Vitals: BP: 90/60 (both arms) P: 100 R: 20 T: 37°C Wt: 46Kg



General: Sick

HEENT: No oropharyngeal lesion, mild pale conjunctiva, no icterus, no neck mass, no lymph node palpable, no JVD

Chest: CTA bilaterally, no rales, no rhonchi; H RRR, no murmur

Abd: Soft, no tender, no distension, (+) BS, no HSM, no surgical scar, no abdominal bruit

Extremity/Skin: Mild joint pain and stiffness, no erythema, no swelling, hands deformity, elbow and subcutaneous nodule

MS/Neuro: MS +5/5, motor and sensory intact, DTRs +2/4, normal gait

Lab/study:

RBS: 125mg/dl Hb:10g/dl



Assessment:

1. Gouty arthritis
2. Anemia
3. Dyspepsia

Plan:

1. Paracetamol 500mg 1t po qid prn pain
2. Cimetidine 200mg 1t po qhs for one month
3. FeSO4/Folate 200/0.4mg 1t po bid
4. MTV 1t po qd
5. Draw blood for CBC, Lyte, BUN, Creat, Uric acid at SHCH
6. Stop smoking



Labs available locally: Hemoglobin, UA, Glucose, Stool Occult Blood, and Pregnancy Test

Specific Comments/Questions for Consultants: Do you agree with my assessment and plan?

Examined by: Nurse Sovann Peng

Date: May 2, 2012

Please send all replies to robibtelemed@gmail.com and cc: to rithychau@sihosp.org

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No answer replied

From: Robibtelemed

To: [Kruy Lim](#) ; [Rithy Chau](#) ; [Paul Heinzelmann](#) ; [Joseph Kvedar](#) ; [Kathy Fiamma](#)

Cc: [Bernie Krisher](#) ; [Thero So Nourn](#) ; [Laurie & Ed Bachrach](#)

Sent: Wednesday, May 02, 2012 4:56 PM

Subject: Robib TM Clinic May 2012, Case#5, Prum Sour, 60F

Dear all,

This is the last case for Robib TM Clinic May 2012, Prum Sour, 60F and photo. Please reply to the cases before Thursday afternoon then the treatment plan can be made accordingly.

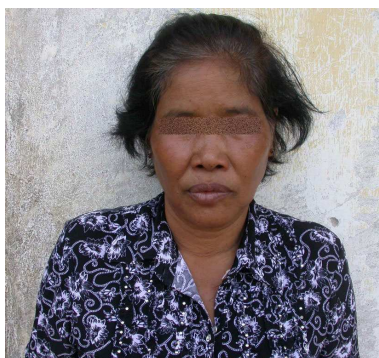
Thank you very much for your cooperation and support in this project.

Best regards,
Sovann

Robib Telemedicine Clinic

Sihanouk Hospital Center of HOPE and Partners Telemedicine
Rovieng Commune, Preah Vihear Province, Cambodia

History and Physical



Name/Age/Sex/Village: Prum Sour, 60F (Thnout Malou Village)

Chief Complaint (CC): Fatigue x 4months

History of Present Illness (HPI): 60F presented with symptoms of fatigue, green productive cough, night sweating, and low grade fever, she went to consult with local health center and AFB smear done with negative result and treated with a few medicine. A few days later, she developed hemoptysis then was brought to provincial hospital and diagnosed her with Pneumonia and Diabetes (blood sugar:

320mg/dl) and hospitalized for 1 week and discharged with prescription Metformin 500mg 1t po bid. When She come back home, she got treatment from local health care worker with Ceftriaxone 1g injection for 1w then continue with Ampicillin 500mg 1t tid until now. She didn't go back for follow up so she didn't take Metformin for one month.

Past Medical History (PMH): Unremarkable

Family History: None

SH: No EtOH, no cig smoking, no tobacco chewing, 10 children

Current Medications:

1. Ampicillin 500mg 1t tid

Allergies: NKDA

Review of Systems (ROS): No blurred vision, no nausea, no vomiting, no abdominal pain, no dysuria, no hematuria, no polyphagia, no polyphagia, no polyuria, no numbness/tingling; 7y post menopause

PE:

Vitals: BP: 118/78

P: 94

R: 20 T: 36.5°C

Wt: 66Kg

General: Stable

HEENT: No oropharyngeal lesion, pink conjunctiva, no icterus, no neck mass, no lymph node palpable, no JVD

Chest: Rhonchi on lower lobe of right lung, other lobes clear, no wheezing; H RRR, no murmur

Abd: Soft, no tender, no distension, (+) BS, no HSM, no surgical scar, no abdominal bruit

Extremity/Skin: No edema, no foot wound, (+) dorsalis pedis and posterior tibial pulse

MS/Neuro: MS +5/5, motor and sensory intact, DTRs +2/4, normal gait

Lab/study:

RBS: 142mg/dl

Urine analysis: normal

Assessment:

1. Pneumonia (RLL)
2. History diabetes mellitus

Plan:

1. Augmentin 625mg/5cc 10cc bid for 10d
2. Draw blood for CBC, Lyte, BUN, Creat, glucose, and HbA1C at SHCH
3. Do regular exercise

Labs available locally: Hemoglobin, UA, Glucose, Stool Occult Blood, and Pregnancy Test

Specific Comments/Questions for Consultants: Do you agree with my assessment and plan?

Examined by: Nurse Sovann Peng

Date: May 2, 2012

Please send all replies to robibtelemed@gmail.com and cc: to rithychau@sihosp.org

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No answer replied

Thursday, May 3, 2012

Follow-up Report for Robib TM Clinic

There were 4 new patients and 1 follow up patient seen during this month Robib TM Clinic, and other 70 patients came for brief consult and medication refills, and 44 new patients seen by PA Rithy for minor problem without sending data. The data of all 5 cases were transmitted and received replies from both Phnom Penh and Boston. Per advice sent by Partners in Boston and Phnom Penh Sihanouk Hospital Center of HOPE, the following patients were managed and treated as follows:

NOTE: [Please note that some blood works was drawn and done at SHCH at no cost and others including studies such as x-rays, U/S, EKG, etc. were done at Kompong Thom Referral Hospital with patients paying on their own. Robib TM clinic **STILL** pays for transportation, accommodation, and other expenses for the patients visiting the clinic **IF** they are from Thnout Malou Village. For those patients who were seen at SHCH previously and remained stable with medications, the clinic will continue to provide them with appropriate medications from SHCH at no cost for the duration of their illnesses or while supplies lasted. The clinic still provided free medications for all "poor" patients. Some patients may be listed below if they came by for refills of medications.]

Treatment Plan for Robib Telemedicic Clinic May 2012

1. Hear Khorn, 51F (Bos Village)

Diagnosis:

1. Tinea capitis?
2. Onychomycosis?
3. Contact dermatitis??

Treatment:

1. Cloxacillin 500mg 1t po qid for 10d (#40)
2. Ibuprofen 200mg 2t po bid (#30)
3. Fluocinonide cream apply bid (#1)
4. Cetirizine 10mg 1t po qhs prn itchy (#30)

2. Ke Bon, 71M (Thnout Malou Village)

Diagnosis:

1. Pneumonia

Treatment:

1. Augmentin 625mg/5cc 10cc bid for 10d (#1)

3. Hong Saramony, 42F (Taing Treuk Village)

Diagnosis:

1. Hyperthyroidism

Treatment:

1. Draw blood for CBC, TSH and Free T4, Free T3 at SHCH

Lab result on May 4, 2012

WBC	=6.0	[4 - 11x10 ⁹ /L]	TSH	=0.005	[0.27 - 4.20]
RBC	=4.9	[3.9 - 5.5x10 ¹² /L]	F T4	=37.98	[12.0 - 22.0]
Hb	=12.2	[12.0 - 15.0g/dL]	F T3	=15.97	[2.0 - 4.4]
Ht	=38	[35 - 47%]			
MCV	=76	[80 - 100fl]			

MCH	=25	[25 - 35pg]
MHCH	=33	[30 - 37%]
Plt	=296	[150 - 450x10 ⁹ /L]
Neut	=3.16	[2.0 - 8.0x10 ⁹ /L]
Lymph	=1.96	[0.7 - 4.4x10 ⁹ /L]
Mono	=0.47	[0.1 - 0.8x10 ⁹ /L]
Eosino	=0.38	[0.8 - 0.40]
Baso	=0.03	[0.02 - 0.10]

4. Kun Bo, 55M (Thnal Keng Village)

Diagnosis:

1. Gouty arthritis
2. Anemia
3. Dyspepsia

Treatment:

1. Paracetamol 500mg 1t po qid prn pain (#30)
2. Cimetidine 200mg 1t po qhs for one month (#30)
3. FeSO4/Folate 200/0.4mg 1t po bid (#60)
4. MTV 1t po qd (#30)
5. Draw blood for CBC, Lyte, BUN, Creat, Uric acid, Transaminase, RF at SHCH

Lab result on May 4, 2012

WBC	=9.63	[4 - 11x10 ⁹ /L]	Na	=135	[135 - 145]
RBC	=3.4	[4.6 - 6.0x10 ¹² /L]	K	=4.3	[3.5 - 5.0]
Hb	=6.9	[14.0 - 16.0g/dL]	Cl	=108	[95 - 110]
Ht	=24	[42 - 52%]	BUN	=10.0	[0.8 - 3.9]
MCV	=69	[80 - 100fl]	Creat	=185	[53 - 97]
MCH	=20	[25 - 35pg]	AST	=20	[<40]
MHCH	=29	[30 - 37%]	ALT	=19	[<41]
Plt	=701	[150 - 450x10 ⁹ /L]	Uric Aci	=779	[200 - 420]
Neut	=6.51	[2.0 - 8.0x10 ⁹ /L]	RF	= negative	
Lymph	=2.22	[0.7 - 4.4x10 ⁹ /L]			
Mono	=0.54	[0.1 - 0.8x10 ⁹ /L]			
Eosino	=0.33	[0.8 - 0.40]			
Baso	=0.03	[0.02 - 0.10]			

5. Prum Sour, 60F (Thnout Malou Village)

Diagnosis:

1. Pneumonia (RLL)

Treatment:

1. Augmentin 625mg/5cc 10cc bid for 10d (#1)
2. Draw blood for CBC, Lyte, BUN, Creat, glucose, and HbA1C at SHCH
3. Do regular exercise

Lab result on May 4, 2012

WBC	=7.16	[4 - 11x10 ⁹ /L]	Na	=137	[135 - 145]
RBC	=4.5	[3.9 - 5.5x10 ¹² /L]	K	=3.2	[3.5 - 5.0]
Hb	=12.4	[12.0 - 15.0g/dL]	Cl	=103	[95 - 110]
Ht	=40	[35 - 47%]	BUN	=3.6	[0.8 - 3.9]
MCV	=89	[80 - 100fl]	Creat	=84	[44 - 80]
MCH	=28	[25 - 35pg]	Gluc	=7.5	[4.2 - 6.4]
MHCH	=31	[30 - 37%]	HbA1C	=7.0	[4.8 - 5.9]
Plt	=280	[150 - 450x10 ⁹ /L]			
Neut	=3.64	[2.0 - 8.0x10 ⁹ /L]			
Lymph	=2.82	[0.7 - 4.4x10 ⁹ /L]			
Mono	=0.34	[0.1 - 0.8x10 ⁹ /L]			

Eosino =0.33 [0.8 – 0.40]
Baso =0.03 [0.02 – 0.10]

Patients who come for follow up and refill medicine

1. Chan Choeun, 55M (Sre Thom Village)

Diagnosis:

1. Gouty arthritis
2. HTN
3. Hyperlipidemia

Treatment:

1. Paracetamol 500mg 1t po qid prn for one month (#20)
2. Amlodipine 10mg 1/2t po qd for one month (#10)
3. Fenofibrate 100mg 1t po qd for one month (buy)

2. Chan Khut, 64F (Sre Thom Village)

Diagnosis:

1. HTN

Treatment:

1. HCTZ 25mg 1t po qd for three months (#60)

3. Chan Oeung, 60M (Sangke Roang Village)

Diagnosis:

1. Gouty arthritis
2. Osteoarthritis
3. Renal insufficiency

Treatment:

1. Paracetamol 500mg 1t po qid prn for two months (#30)
2. MTV 1t po qd for two months (#60)
3. Allopurinol 100mg 2t po qd for two months (buy)

4. Chan Rim, 59F (Ke Village)

Diagnosis:

1. HTN
2. Dyspepsia

Treatment:

1. Nifedipine 20mg 1/2t po qd for one month (#15)
2. Cimetidine 200mg 1t po qhs for one month (#30)

5. Chan Sem, 62M (Chambak Phaem Village)

Diagnosis:

1. HTN

Treatment:

1. HCTZ 25mg 1t po qd for two months (#30)

6. Chan Sorya, 50F (Pal Hal Village)

Diagnosis:

1. HTN
2. Old stroke with right side weakness

Treatment:

1. HCTZ 25mg 1t po qd for two months (#30)
2. ASA 81mg 1t po qd for two months (#60)

7. Chheng Yearng, 48F (Thkeng Village)

Diagnosis:

1. Tachycardia

Treatment:

1. Propranolol 40mg 1/4t po qd for two months (#15)
2. MTV 1t po qd for two months (#60)

8. Chhim Bon, 73F (Taing Treuk Village)

Diagnosis:

1. HTN

Treatment:

1. HCTZ 25mg 1t po qd for three months (#60)

9. Chhourn Khi, 51F (Trapang Teum Village)

Diagnosis:

1. DMII with PNP

Treatment:

1. Metformin 500mg 1t po bid for two months (#60)
2. Amitriptylin 25mg 1/2t po qhs for two months (#30)

10. Chourb Kim San, 57M (Rovieng Tbong Village)

Diagnosis:

1. HTN
2. Right side stroke with left side weakness
3. DMII
4. Gouty arthritis
5. Chronic renal failure

Treatment:

1. Atenolol 50mg 1/2t po bid for two months (#60)
2. Amlodipine 5mg 1t po qd for two months (buy)
3. ASA 81mg 1t po qd for two months (#60)
4. Metformin 500mg 1t po bid for two months (#120)
5. Glibenclamide 5mg 1t po bid for two months (buy)

11. Chum Chet, 64M (Koh Pon Village)

Diagnosis:

1. HTN
2. Osteoarthritis
3. Renal insufficiency
4. Generalized urticaria

Treatment:

1. Atenolol 50mg 1/2t po bid for one month (#30)
2. Amlodipine 10mg 1/2t po qd for one month (#15)
3. Paracetamol 500mg 1t po qid prn pain for one month (#20)
4. MTV 1t po qd for one month (#30)

12. Dourng Sopheap, 37F (Thnal Keng Village)

Diagnosis:

1. Hyperthyroidism

Treatment:

1. Carbimazole 5mg 2t bid for one month (buy)
2. Propranolol 40mg 1/2t po bid for one month (#20)
3. Draw blood for Free T4 at SHCH

Lab result on May 4, 2012

Free T4= **6.36** [12.0 - 22.0]

13. Ek Rim, 47F (Rovieng Chheung Village)

Diagnosis:

1. HTN

Treatment:

1. HCTZ 25mg 1t po qd for one month (#30)

14. Heng Chan Ty, 50F (Ta Tong Village)

Diagnosis:

1. Hyperthyroidism

Treatment:

1. Carbimazole 5mg 1t po tid for three months (buy)
2. Propranolol 40mg ¼ t po bid for three months (#30)

15. Heng Sokhourn, 42F (Otalauk Village)

Diagnosis:

1. Dyspepsia

Treatment:

1. Cimetidine 200mg 1t po qhs for one month (#30)

16. Keth Chourn, 58M (Chhnourn Village)

Diagnosis:

1. HTN

Treatment:

1. HCTZ 25mg 2t po qd for one month (#60)

17. Keum Kourn, 65F (Thkeng Village)

Diagnosis:

1. Goiter
2. Hyperthyroidism

Treatment:

1. Propranolol 40mg 1/4t po bid for one month (#15)
2. Methimazole 5mg 1t po bid for one month (#60)

18. Kham Sary, 50M (Thnal Koang Village)

Diagnosis:

1. DMII

Treatment:

1. Metformin 500mg 1t po qd for two months (#60)
2. Glibenclamide 5mg 1t bid two months (buy)
3. Captopril 25mg 1/4t bid two months (buy)
4. Review on diabetic diet, do regular exercise and foot care

19. Khi Ngorn, 65M (Rovieng Cheung Village)

Diagnosis:

1. HTN
2. Renal failure

Treatment:

1. Nifedipine 20mg 1t po qd for one month (#30)
2. Furosemide 40mg 1t po qd for one month (#30)

20. Kim Yat, 38F (Sre Thom Village)

Diagnosis:

1. Anemia

Treatment:

1. FeSO₄/Folate 200/0.4mg 1t po bid for one month (#60)
2. MTV 1t po qd for one month (#30)

21. Kin Yin, 35F (Bos Pey Village)

Diagnosis:

1. Hyperthyroidism

Treatment:

1. Carbimazole 5mg 1t po bid for one month (buy)
2. Propranolol 40mg 1/2t po bid for one month (#30)
3. Draw blood for Free T4 at SHCH

Lab result on May 4, 2012

Free T4= 25.47 [12.0 - 22.0]

22. Kong Sam On, 55M (Thkeng Village)

Diagnosis:

1. HTN
2. DMII
3. Chronic renal failure
4. Hypertriglyceridemia
5. Arthritis

Treatment:

1. Glibenclamide 5mg 2t po bid for one month (buy)
2. Metformin 500mg 1t po bid for one month (#60)
3. Enalapril 10mg 1/2t po qd for one month (#15)
4. Amlodipine 10mg 1t po qd for one month (#30)
5. ASA 81mg 1t po qd for one month (#30)
6. Fenofibrate 100mg 1t po qd for one month (buy)

23. Kor Khem Nary, 33F (Trapang Reusey Village)

Diagnosis

1. Euthyroid goiter

Treatment

1. Carbimazole 5mg 1t po bid for one month (buy)
2. Propranolol 40mg 1/2t po bid for one month (#30)
3. Draw blood for Free T4 at SHCH

Lab result on May 4, 2012

Free T4= 14.69 [12.0 - 22.0]

24. Kul Chheung, 84F (Taing Treuk Village)

Diagnosis:

1. COPD

Treatment:

1. Salbutamol Inhaler 2puffs bid for one month (#1)

25. Kul Keung, 66F (Taing Treuk Village)

Diagnosis:

1. HTN
2. DMII
3. Gouty arthritis

Treatment:

1. HCTZ 25mg 1t po qd for one month (buy)
2. ASA 81mg 1t po qd for one month (#30)
3. Captopril 25mg 1/2t po bid for one month (buy)
4. Glibenclamide 5mg 1t po bid for one month (buy)
5. Metformin 500mg 1t po bid for one month (#60)
6. Ibuprofen 200mg 3t po tid prn (#30)
7. Draw blood for HbA1C at SHCH

Lab result on May 4, 2012

HbA1C = 9.3 [4.8 - 5.9]

26. Kun Ban, 53M (Thnal Keng Village)

Diagnosis:

1. DMII

Treatment:

1. Metformin 500mg 1t po bid for three months (#180)
2. ASA 300mg 1/4t po qd for three months (#buy)

27. Lang Da, 45F (Thnout Malou Village)

Diagnosis:

1. HTN

Treatment:

1. HCTZ 25mg 1t po qd for one month (#30)

28. Mar Thean, 54M (Rom Chek Village)

Diagnosis:

1. DMII
2. Hyperlipidemia

Treatment:

1. Metformin 500mg 2t po bid for two months (buy)
2. Glyburide 2.5mg 2t po bid for two months (#240)
3. ASA 81mg 1t po qd for two months (#60)
4. Fenofibrate 100mg 1t po bid for two months (buy)

29. Meas Lam Phy, 58M (Thnout Malou Village)

Diagnosis:

1. DMII

Treatment:

1. Metformin 500mg 1t po bid for one month (#30)
2. Draw blood for HbA1C at SHCH

Lab result on May 4, 2012

HbA1C = 7.8 [4.8 – 5.9]

30. Meas Ream, 88F (Taing Treuk Village)

Diagnosis:

1. HTN
2. Left side stroke with right side weakness

Treatment:

1. HCTZ 25mg 1t po qd for two months (# 60)

31. Meas Thoch, 85F (Ta Tong Village)

Diagnosis:

1. HTN

Treatment:

1. HCTZ 25mg 1t po qd for one month (#30)

32. Moeung Phalla, 35F (Thkeng Village)

Diagnosis:

1. Tachycardia

Treatment:

1. Propranolol 40mg 1/4t po bid for two months (#20)

33. Moeung Srey, 48F (Thnout Malou Village)

Diagnosis

1. HTN
2. Dyspepsia

Treatment

1. HCTZ 25mg 1t po qd for one month (#30)
2. Cimetidine 200mg 1t po qhs for one month (#30)

34. Ngourn Sophorn, 37F (Ta Tong Village)

Diagnosis:

1. Rheumatoid arthritis?

Treatment:

1. Paracetamol 500mg 1t po qid prn pain for one month (#20)
2. Chloroquine 250mg 1t po qd for one month (#30)

35. Nop Sareth, 41F (Kampot Village)

Diagnosis:

1. Cardiomegaly
2. VHD (MS/TR) with Pulmonary hypertension

Treatment:

1. Captopril 25mg 1/4t po bid for one month (buy)
2. Furosemide 40mg 1t po bid for one month (#60)
3. ASA 81mg 1t po qd for one month (#30)

36. Nung Chhun, 74F (Ta Tong Village)

Diagnosis:

1. HTN
2. DMII

Treatment:

1. Glyburide 2.5mg 2t po bid for one month (#120)
2. Metformin 500mg 1t po bid for one month (#60)
3. Captopril 25mg 1t po tid for one month (buy)
4. HCTZ 25mg 1t po qd for one month (#30)
5. ASA 300mg 1/4t po qd for one month (buy)

37. Ny Ngek, 58F (Svay Pat Village)

Diagnosis:

1. DMII with PNP
2. HTN

3. Hypercholesterolemia

Treatment:

1. Glibenclamide 5mg 1t qd two months (buy)
2. Lisinopril 10mg 1t qd two months (buy)
3. Simvastatin 20mg 1t qd two months (buy)
4. Review on diabetic diet, do regular exercise and foot care

38. Pech Huy Keung, 49M (Rovieng Cheung Village)

Diagnosis:

1. DMII
2. HTN

Treatment:

1. Glibenclamide 5mg 1t po bid for one month (buy)
2. Metformin 500mg 2t po bid for one month (#100)
3. Captopril 25mg 1t po bid one month (buy)
4. ASA 81mg 1t po qd one month (#30)
5. Draw blood for HbA1C at SHCH

Lab result on May 4, 2012

HbA1C = 7.4 [4.8 – 5.9]

39. Phon Phorn, 68F (Bos Village)

Diagnosis:

1. Allergy

Treatment:

1. Cetirizine 10mg 1t po qhs for one month (#30)

40. Preum Proy, 52M (Thnout Malou Village)

Diagnosis:

1. DMII
2. HTN
3. Hyperlipidemia

Treatment:

1. Glyburide 2.5mg 2t po bid for one month (#120)
2. Metformin 500mg 2t po bid for one month (#60)
3. Captopril 25mg 1/2t po bid for one month (buy)
4. ASA 81mg 1t po qd for one month (#30)
5. Simvastatin 10mg 1t po qhs for one month (buy)
6. Draw blood for Chole, TG, HbA1C at SHCH

Lab result on May 4, 2012

HbA1C = 8.3 [4.8 – 5.9]
TG = 3.8 [<1.7]
Chole = 6.4 [<5.7]

41. Prum Chean, 50F (Sangke Roang Village)

Diagnosis:

1. DMII

Treatment:

1. Metformin 500mg 1t po bid for two months (#60)

42. Prum Moeun, 56M (Bakdoang Village)

Diagnosis:

1. HTN

Treatment:

1. Atenolol 50mg 1/2t po qd for one month (#15)
2. ASA 81mg 1t po qd for one month (#30)

43. Prum Sourn, 71M (Taing Treuk Village)

Diagnosis:

1. Heart Failure with EF 27%
2. LVH
3. VHD (MR, AR)
4. Renal Failure

Treatment:

1. Enalapril 10mg 1/4t po qd for one month (#8)
2. Furosemide 40mg 1t po bid for one month (#60)
3. ASA 81mg 1t po qd for one month (#30)

44. Prum Ty, 23M (Thnout Malou Village)

Diagnosis:

1. Epilepsy

Treatment:

1. Phenytoin 100mg 1t po bid for one month (#60)

45. Prum Vandy, 50F (Taing Treuk Village)

Diagnosis:

1. Hyperthyroidism

Treatment:

1. Carbimazole 5mg 1t po bid for one month (buy)
2. Propranolol 40mg 1/4t po bid for one month (#15)
3. Draw blood for Free T4 at SHCH

Lab result on May 4, 2012

F T4 = 25.64 [12.0 – 22.0]

46. Ros Im, 58F (Taing Treuk Village)

Diagnosis:

1. Dyspepsia
2. Joint pain
3. Goiter

Treatment:

1. Cimetidine 200mg 1t po qhs once (#30)
2. Ibuprofen 200mg 2t po bid (#20)
3. Propranolol 40mg 1/4t po bid (#15)
4. Draw blood for TSH, Free T4, and Free T3 at SHCH

Lab result on May 4, 2012

TSH = 0.21 [0.27 – 4.20]
F T4 = 13.25 [12.0 – 22.0]
F T3 = 3.70 [2.0 – 4.4]

47. Ros Oeun, 55F (Thnout Malou Village)

Diagnosis:

1. HTN
2. DMII

3. Hypertriglyceridemia

Treatment:

1. Glibenclamide 5mg 2t po bid for three months (buy)
2. Metformin 500mg 2t po bid for three months (#120)
3. Captopril 25mg 1/2t po bid for three months (buy)
4. ASA 81mg 1t po qd for three months (#90)
5. Fenofibrate 100mg 1t po bid for three months (buy)

48. Ros Yeth, 58M (Thnout Malou Village)

Diagnosis:

1. DMII
2. HTN

Treatment:

1. Glyburide 2.5mg 2t po bid for three months (#360)
2. Metformin 500mg 2t po bid for three months (#120)
3. Captopril 25mg 1t po bid for three months (buy)

49. Roth Ven, 54M (Thkeng Village)

Diagnosis:

1. DMII
2. HTN

Treatment:

1. Glibenclamide 5mg 1t po bid for three months (buy)
2. Metformin 500mg 2t po bid for three months (#200)
3. Captopril 25mg 1/2t po bid for three months (buy)
4. ASA 81mg 1t po qd for three months (#90)

50. Sam Bunny, 25F (Thnout Malou Village)

Diagnosis:

1. Nephrotic syndrome
2. Dyspepsia

Treatment:

1. Prednisolone 5mg 1t po qd for one month (#30)
2. Cimetidine 200mg 1t po qhs (#30)

51. Sam Khim, 50F (Taing Treuk Village)

Diagnosis:

1. DMII

Treatment:

1. Metformin 500mg 2t po bid for one month (#60)
2. Glyburide 2.5mg 2t po bid for one month (#120)
3. Captopril 25mg 1/4t po bid for one month (buy)

52. Say Soeun, 72F (Rovieng Chheung Village)

Diagnosis:

1. Uncontrolled HTN
2. DMII
3. Renal insufficiency

Treatment:

1. Glyburide 2.5mg 2t po bid for one month (#120)
2. Metformin 500mg 1t po bid for one month (#60)
3. Enalapril 10mg 1t po qd for one month (#30)

4. Nifedipine 20mg 1t po qd for one month (#30)
5. Atenolol 50mg 2t po qd for one month (#60)

53. Sok Chou, 60F (Sre Thom Village)

Diagnosis:

1. DMII

Treatment:

1. Metformin 500mg 2t po bid for four months (#200)

54. Som Ka, 61M (Taing Treuk Village)

Diagnosis:

1. DMII
2. Right side stroke with left side weakness

Treatment:

1. Metformin 500mg 1t po bid for two months (#60)
2. Captopril 25mg 1/4t po bid for two months (buy)

55. Som Theara, 14F (Pal Hal Village)

Diagnosis:

1. Eczema

Treatment:

1. Fluocinonide cream 0.1% apply bid until the rash gone

56. Sourn Visal, 3M (Thnout Malou Village)

Diagnosis:

1. Eczema?
2. Dermatitis?

Treatment:

1. Fluticasone cream 0.05% apply bid (#2)

57. Srey Phai, 52F (Bos Village)

Diagnosis:

1. Right hand infected wound (get better)

Treatment:

1. Augmentin 625mg/5cc 10cc tid for 10d
2. Daily wound cleaning with NSS

58. Svay Tevy, 46F (Sre Thom Village)

Diagnosis:

1. DMII
2. HTN
3. Dyslipidemia

Treatment:

1. Glibenclamide 5mg 2t po bid for two months (buy)
2. Metformin 500mg 3t qAM and 2t po qPM for two months (#200)
3. Captopril 25mg 1/2t po bid for two months (buy)
4. ASA 81mg 1t po qd for two months (#60)
5. Fenofibrate 100mg 1t po bid (buy)

59. Tann Kim Hor, 57F (Rovieng Cheung Village)

Diagnosis:

1. DMII

Treatment:

1. Glibenclamide 5mg 1t po bid for two months (buy)
2. Metformin 500mg 2t po bid for two months (#120)
3. Captopril 25mg 1/4t po bid for two months (buy)
4. ASA 81mg 1t po qd for two months (#60)

60. Tann Sou Hoang, 51F (Rovieng Cheung Village)

Diagnosis:

1. DMII

Treatment:

1. Metformin 500mg 2t po bid for three months (#200)
2. Captopril 25mg 1/4t po bid for three months (buy)
3. ASA 300mg 1/4t po qd for three months (buy)

61. Tay Kimseng, 54F (Taing Treuk Village)

Diagnosis:

1. HTN
2. Obesity

Treatment:

1. Atenolol 50mg 1/2t po bid for two months (#30)
2. HCTZ 25mg 1t po qd for two months (#60)

62. Tey Sok Ken, 31F (Sre Thom Village)

Diagnosis:

1. Hyperthyroidism

Treatment:

1. Carbimazole 5mg 1t po bid for two months (buy)
2. Propranolol 40mg 1/4t po bid for two months (#30)

63. Thourn Nhorn, 41F (Svay Pat Village)

Diagnosis:

1. DMII
2. HTN

Treatment:

1. Metformin 500mg 1t po bid for two months (#60)
2. Glyburide 2.5mg 2t po bid for two months (#240)
3. Captopril 25mg 1/2t po bid for two months (buy)

64. Tith Hun, 58F (Ta Tong Village)

Diagnosis:

1. HTN

Treatment:

1. Enalapril 10mg 1/2t po qd for two months (#30)
2. HCTZ 25mg 1t po qd for two months (#60)
3. Atenolol 50mg 1/2t po qd for two months (buy)

65. Tith Y, 56F (Ta Tong Village)

Diagnosis:

1. HTN
2. Frozen shoulder

Treatment:

1. HCTZ 25mg 1t po qd for two months (#30)

2. Physiotherapy of frozen shoulder

66. Un Chhorn, 47M (Taing Treuk Village)

Diagnosis:

1. DMII
2. HTN

Treatment:

1. Glibenclamide 5mg 1t po bid for three months (buy)
2. Metformin 500mg 1t po bid for three months (#150)
3. Captopril 25mg 1/2t po bid for three months (buy)

67. Un Chhourn, 42M (Taing Treuk Village)

Diagnosis:

1. DMII

Treatment:

1. Glibenclamide 5mg 1t po bid for one month (buy)
2. Captopril 25mg 1/4t po bid for one month (buy)
3. ASA 81mg 1t po qd for one month (#30)
4. Draw blood for HbA1C at SHCH

Lab result on May 4, 2012

HbA1C =6.3 [4.8 – 5.9]

68. Yim Sok Kin, 31M (Thnout Malou Village)

Diagnosis:

1. Liver cirrhosis with PHTN

Treatment:

1. Propranolol 40mg 1/4t po bid for two months (#15)
2. Spironolactone 25mg 1/2t po bid for two months (#60)

69. Yin Hun, 74F (Taing Treuk Village)

Diagnosis:

1. HTN

Treatment:

1. Atenolol 50mg 1/2t po qd for one month (#15)
2. HCTZ 25mg 2t po qd for one month (#60)

70. Yun Yeung, 75M (Doang Village)

Diagnosis:

1. VHD (MR??)
2. HTN

Treatment:

1. HCTZ 25mg 1t po qd for one month (#30)

**The next Robib TM Clinic will be held on
June 4 – 8, 2012**